

CLAIMS

I claim:

1. A portable headrest for use with a chair having a seat back with front and rear surfaces, comprising:
 - a. a rigid base portion to rest against said seat back, said base portion having means for wrapping around the back of said seat back thereby releasably and securely holding said base portion against said seat back, and
 - b. a rigid head-support portion connected to said base portion, extending far enough outward from said seat back and said base portion such that said head-support portion will provide sufficient lateral support to prevent lateral bending of a person's neck or the rolling forward of his or her head beyond the extending dimension of said head-support portion.
2. A headrest according to claim 1 wherein:

said head-support portion comprises a convex cushioning portion containing a deformable and resilient filler material, whereby said convex cushioning portion accommodates a variety of angles and positions relative to the face, head, and neck of the user.
3. A headrest according to claim 1 wherein:

means for wrapping around said back of said seat back comprise two straps, the two ends of each being attachable together with a length-adjustable buckle.
4. A headrest according to claim 1 wherein:

said head-support portion is engaged with said base portion with a hinged joint, said hinged joint being releasably locked at a chosen angle defined by the plane of said seat back and the plane of said head-support portion whereby the user may collapse said headrest into a smaller size for convenience in portability, and whereby the user may chose various such angles for positioning said head-support portion against the user's face, head, and neck.
5. A headrest according to claim 1 wherein:

said head-support portion is engaged with said base portion in a pivoting means such that the head-support portion may pivot to various angles perpendicular to the plane of said seat back whereby the user may chose various such angles for positioning said head-support portion against the user's face, head, and neck.

6. A headrest according to claim 1 wherein:

said head-support portion is engaged with said base portion at a substantially right angle.

6. A headrest according to claim 1 wherein:

said head-support portion and said base portion are included within a single inflatable structure.

7. A portable headrest for use with a chair having a seat back with front and rear surfaces, comprising:

- a. an inflatable structure forming, when inflated, a rigid base portion to rest against said seat back, said base portion having means for wrapping around the back of said seat back thereby releasably and securely holding said base portion against said seat back, and
- b. a rigid head-support portion, extending far enough outward from said seat back such that said head-support portion will provide sufficient lateral support to prevent lateral bending of a person's neck or the rolling forward of his or her head beyond the extending dimension of said head-support portion.

8. A headrest according to claim 7 wherein:

said inflatable structure comprises a substantially tear-drop shape.

9. A headrest according to claim 7 wherein:

said inflatable structure comprises a strap loop surrounding a strap and a slide-back stopper attached thereto, having such a shape as to prevent the transport of said strap loop along said strap beyond said slide-back stopper, arranged such that said strap loop is between the force exerted by the user's head and said slide-back stopper.